

All praise is due to Allah. We praise Him, seek His assistance, ask for His forgiveness, and turn to Him in repentance. Whomever Allah guides, there is none who can lead him astray, and whomever He allows to go astray, there is none who can guide him. I bear witness that there is no deity worthy of worship except Allah, alone, without any partners, and I bear witness that Muhammad is His servant and Messenger.



Worshippers of Allah, indeed, optimism is the armor of the patient, the solace of the sorrowful. It is the spirit that ignites hope, sweeping away the dust of despair and laziness!

والتَّفَاؤُلُ الشَّرْعِي؛ هو الَّذِي يَصْحَبُه الإيمانُ والعَمَل؛ (مَنْ عَمِلَ صالِحًا منْ ذَكَرٍ أَوْ أُنْثى وَهُوَ مُؤْمِنُ فَلَنُحْيِيَنَّهُ حَياةً طَيِّبَةً)

And optimism according to Sharia is that which is accompanied by faith and deeds: 'Whoever does righteous deeds, whether male or female, while being a believer, We will surely cause him to live a good life.' <u>وَمِنْ عَوامِلِ التَّفَاؤُلِ:</u> حُسْنُ الظَّنِ والرَّجَاء¹، وِكَثْرَةُ الدَّعَاءِ؛ قال تعالى: ﴿إِنْ يَعْلَمِ اللَّهُ فِي قُلُوبِكُمْ خَيْرًا يُؤْتِكُمْ خَيْرًا مِمَّا أُخِذَ مِنْكُمْ، ويقول تعالى: (أَنَا عِنْدَ ظَنَ عَبْدِي بِي، وَأَنَا مَعَهُ إِذَا دَعَانِي)².

And among the factors of optimism are having a good opinion and hope, and the abundance of supplication. Allah says, 'If Allah knows [any] good in your hearts, He will give you [something] better than what was taken from you.' And He also says, 'I am as My servant thinks of Me, and I am with him when he calls upon Me"'.

لماوردي: (وَأَمَّا الْفَلُلُ: فَفِيهِ تَقُويَةٌ لِلْعَزْمِ، وَبَاعِتٌ عَلَى الْجِدِّ، وَمَعُونَةٌ عَلَى الظَّفَرِ؛ فَيَنْبَغِي لِمَنْ تَفَاءَلَ: أَنْ يَتَأَوَّلَ الْفَأْلَ بِأَحْسَنِ تَأْوِيلَاتِهِ، وَلَا يَجْعَلَ لِسُوءِ الظَّنِّ عَلَى تَفْسِهِ سَبِيلًا). أدب الدنيا والدين (316). مختصرًا 2 رواه مسلم (2075). <u>وَمِنْ عَوَامِلِ التَّفَاؤُلِ:</u> تَحْدِيدُ الأَهْدَافِ المَنْشُودَةِ، وَتَرْكُ العَجَلَةِ المَدْمُوْمَةِ! قال ﷺ: (وَاللهِ لَيُتِمَنَّ هَذَا الأَمْرَ، حَتَّى يَسِيرَ الرَّاكبُ مِنْ صَنْعَاءَ إِلَى حَضْرَمَوْتَ، لاَ يَخَافُ إِلَّا اللهَ، أَوِ الذِّئبَ عَلَى غَنَمِهِ، وَلَكِنَّكُمْ تَسْتَعْجِلُونَ!)³.

Among the factors of optimism: setting clear and desired goals and avoiding blameworthy haste. The Prophet Said," By Allah, this religion (i.e. Islam) will prevail till a traveler from Sana (in Yemen) to Hadrarmaut will fear none but Allah, or a wolf as regards his sheep, but you (people) are hasty""!

³ رواه البخاري (3612).

<u>وَمِنْ عَوَامِلِ التَّفَاؤُلِ: الثِّقَةُ بالله</u>ِ فَالْوَاثِقُ بِرَبِّهِ، مُطْمَئِنُ بِنَصْرِهِ، راضٍ بِحُكْمِهِ، ولو اجْتَمَعَتْ أَسْبَابُ الْهَلاك! فَهَذَا مُوْسَى ن: الْعَدُوُ خَلْفَه، والبَحْرُ أَمَامَه، وأَصْحَابُه يُنَادُون: (إِنَّا لَمُدْرَكُونَ)، فَأَجَابَهُم موسى جَوابَ الوَاثِقِيْنَ المُتَفَائِلِيْنَ: (كَلا إِنَّ مَعِى رَبِّي سَيَهْدِينَ).

Among the factors of optimism: trust in Allah! The one who trusts in his Lord is reassured by His support, content with His decree, even if the factors of destruction were to gather. This is exemplified by Moses (peace be upon him) with the enemy behind him and the sea in front, while his companions exclaimed, 'Indeed, we are to be overtaken!' Moses responded with the answer of those who trust and are

optimistic, 'No! Indeed, with me is my Lord; He will guide me".

<u>وَالْكَلِمَاتُ الطَيِّبَةُ</u>، والأَسْمَاءُ الحَسَنَةُ؛ تَزْرَعُ التَّفَاؤُلَ؛ قال ﷺ: (لاَ عَدْوَى وَلاَ طِيرَةَ، وَيُعْجِبُنِي الفَأْلُ) قالوا: (وَمَا الفَأْلُ؟) قال: (كَلِمَةُ طَيِّبَةٌ). Good words and beautiful names nurture optimism. The Prophet ﷺ said, 'There is no infection, no evil omen, but I like Fal.' They asked, 'What is a good omen?' He replied, 'A good word.'



When Quraysh sent Suhail bin Amr to negotiate with the Prophet , # he felt optimistic upon hearing his name, saying, 'Your matter has become easy for you"'!

⁴ رواه البخاري (2731). وكان ﷺ يُعْجِبُهُ إِذَا خَرَجَ لِحَاجَتِهِ أَنْ يَسْمَعَ: "يَا رَاشِدُ، يَا نَجِيحُ!". رواه الترمذي وقال: (هَذَا حَدِيثٌ حَسَنٌ صَحِيحٌ غَرِيبٌ). سنن الترمذي (1616). وقال النووي: (وَمَنْ أَمْثَالِ التَّفَاؤُل: أَنْ يَكُونَ لَهُ مَرِيضٌ، فَيَتَفَاءَلُ بِمَا يَسْمَعُهُ؛ فَيَسْمَعُ مَنْ يَقُولُ: يَا سَالِمُ، أَوْ يَكُونُ طَالِبَ حَاجَة: فَيَسْمَعُ مَنْ يَقُول: يَا وَاجِدُ؛ فَيَقَعُ فِي قَلْبِهِ رَجَاءُ الْبُرْءِ أَوِ الْوِجْدَانِ). شرح النووي على مسلم (20/14). <u>وَمِنْ عَوَامِلِ التَّفَاؤُلِ: الحَذَرُ مِنَ الْ</u>يَأْسِ والتَّشَاؤُم، والتَّحَرُّرُ مِنَ الوَهْمِ والتَّلاوُم! فَلا (يَقْنَطُ مِنْ رَحْمَةِ رَبِّهِ إِلَّا الضَّالُونَ»، و (لا يَيْئَسُ مِنْ رَوْحِ اللهِ إِلا الْقَوْمُ الْكَافِرُونَ»، يقول ﷺ: (إِذَا قَالَ الرَّجُلُ: هَلَكَ النَّاسُ؛ فَهُوَ أَهْلَكُهُمْ!)⁵.

Among the factors of optimism: guarding against despair and pessimism, and freeing oneself from illusions and self-blame. For **'none despairs of relief from** Allah except the disbelieving people' (Quran, 12:87), and **'none despairs of the mercy of** his Lord except for those who are astray' (Quran, 15:56). The Prophet ﷺ said, 'When someone says, "The people are destroyed, he is the one who has destroyed them"!

⁵ رواه مسلم (2623).

<u>وَمِنْ عَوَامِلِ التَّفَاؤُلِ:</u> تَجْدِيدُ الإيمان، وَتَرْكُ الأَحْزَان! (وَلا تَهِنُوا وَلا تَحْزَنُوا وَأَنْتُمُ الأَعْلَوْنَ إِنْ كُنْتُمْ <u>مُؤْمِنِينَ</u>. قال ابنُ القيّم: (الحُزْنُ لَا مَصْلَحَةَ فِيهِ لِلْقَلْبِ، وَأَحَبُّ شَيْءٍ إِلَى الشَّيْطَانِ: أَنْ يَحْزَنَ الْعَبْدُ؛

Among the factors of optimism: renewing faith and abandoning sorrow. 'So do not weaken and do not grieve, and you will be superior if you are [true] believers' (Quran, 3:139). Ibn al-Qayyim said, 'Sorrow has no benefit for the heart, and the most beloved thing to Satan is that a servant becomes sad to cut him off from his path'''!

⁶ مدارج السالكين (501/1). باختصار



When despair tears hearts apart, remember the saying of Allah: 'Until when the messengers despaired and were certain that they had been denied, there came to them Our victory' (Quran, 12:110)".

<u>وَالمُؤْمِنُ المُتَفَائِلُ؛</u> يَقْرَأُ الأَحْداثَ على أَحْسَنِ الوُجُوه؛ لأَنَّهُ يَثِقُ بِوَعْدِ اللهِ وَرَسُوْلِه! (وَلَمَّا رَأَى المُؤْمِنُونَ الأحْزَابَ قَالُوا هَذَا مَا وَعَدَنَا اللهُ وَرَسُولُهُ وَصَدَقَ اللهُ وَرَسُولُهُ وَمَا زَادَهُمْ إِلا إِيمَانًا وَتَسْلِيمًا)، وفي الحديث: (لَيَبْلُغَنَّ هَذَا الْأَمْرُ مَا بَلَغَ اللَّيْلُ وَالنَّهَارُ، وَلَا يَتْرُكُ اللهُ بَيْتَ مَدَرٍ وَلَا وَبَرٍ إِلَّا أَدْخَلَهُ اللهُ هَذَا الدِينَ!)⁷.

⁷ رواه أحمد (16957)، قال الحاكم: (هَذَا حَدِيثٌ صَحِيحٌ عَلَى شَرْطِ الشَّيْخَيْنِ، وَلَمْ يُخْرِجَاهُ). المستدرك (8324). The optimistic believer reads events in the most favorable light because he trusts in the promise of Allah and His Messenger. 'And when the believers saw the companies, they said, 'This is what Allah and His Messenger had promised us, and Allah and His Messenger spoke the truth. And it increased them only in faith and acceptance' (Quran, 33:22). In a hadith, the Prophet 33:22 (March 1997) and the second secon said, 'This matter (Islam) will reach whatever night or day reaches, and Allah will not leave a house made of brick or fur but He will make this religion enter it".

<u>وَمِنَ التَّفَاؤُلِ عِنْدَ الْمَصَائِبِ: ا</u>ِحْتِسَابُ الأَجْرِ، وتَوَقَّحُ الْخَبر وَاليُسْر! قال تعالى: (فَعَسَى أَنْ تَكْرَهُوا شَيْئًا وَيَجْعَلَ اللَّهُ فِيهِ خَيْرًا كَثِيرًا). وَمِنْ خَصَائِص المُؤْمِنِ: أَنَّهُ إذا (أَصَابَتُهُ ضَرَاءُ صَبَرَ؛ فَكَانَ خَيْرًا لَهُ)⁸، قال السِّعْدِي: (اللَّهُ يَبْتَلِي أَوْلِياءَهُ بِالشَّدَّةِ وِالرَّخَاءِ؛ لِيَمْتَحِنَ صَبْرَهَمْ وَشَكْرَهُمْ، وَيَزْدَادَ إِيْمانُهُمْ وَيَقِيْنُهُمْ)⁹

Of optimism in times of adversity: seeking reward, anticipating good and ease. Allah says, 'Perhaps you dislike a thing and it is good for you'. One of the characteristics of a believer is that 'if an adversity befalls him, he endures it patiently, and it is better for him' (Hadith). Al-Saadi said, 'Allah tests His allies with hardship and ease to examine

⁸ رواه مسلم (2999).

⁹ تفسير السعدي (407). باختصار

their patience and gratitude, and to increase their faith and certainty".

وَمِنْ رَحِم المِحَنِ، تُوْلَدُ المِنَحِ! وَإِنَّ النَّصْرَ مع المَحَنِ، تُوْلَدُ المِنَح! وَإِنَّ النَّصْرَ مع المَحَبْرِ، وَإِنَّ مَعَ المُسْرِ يُسْرَا المَّرُبِ، وَإِنَّ مَعَ المُسْرِ يُسْرَا لَمُ يَعْدَ عُسْرِ يُسْرَا لَهُ.

From the womb of trials, blessings are born. Indeed, victory comes with patience, relief with hardship, and ease with difficulty. Allah says, 'Verily, with hardship comes ease' (Quran, 94:6)".

¹⁰ رواه أحمد (2803)، والترمذي (2516)، وقال: **(هذا حديثٌ حَسَنٌ صحيح**).

وَفَى وَقَتِ الْفِتَنِ وَالْمِحَنِ؛ يَزْدَادُ الْمُؤْمِنُونَ ثَبَاتًا وتَقَاوُلاً، وَيَزْدَادُ الْمُنَافِقُونَ إِفْكًا وتَشَاوُمًا؛ كما وَحَفَّهُمُ اللهُ بِقَوْلِهِ: (الظَّانِينَ بِاللهِ ظَنَّ السَّوْعِ). In times of trials and tribulations, the believers increase in steadfastness and optimism, while the hypocrites increase in deceit and pessimism, as Allah describes them, 'Assuming evil of Allah; evil is that which they judge' (Quran, 48:6)".

قال ابنُ القيّم: (فَمَنْ ظَنَّ بِأَنَّ اللهَ لَا يَنْصُرُ دِينَهُ وَكِتَابَهُ، فَقَدْ ظَنَّ بِاللهِ ظَنَّ السَّوْعِ؛ فَإِنَّ عِزَّةَ اللهِ وَحِكْمَتَهُ تَأْبَى أَنْ يَٰذَلَ حِزْبُهُ وَجُنْدُهُ، وَتَأْبَى أَنْ تَكُونَ النُّصْرَةُ الدَّائِمُةَ لِأَعْدَائِهِ؛ فَمَنْ ظَنَّ بَاللهِ ذَلِكَ؛ فَمَا عَرَفَهُ، وَلَا عَرَفَ أُسَمَاءَهُ وَصِفَاتَهُ!)11

Ibn al-Qayyim said, "Whoever assumes that Allah does not support His religion and His Book, he has assumed an evil assumption about Allah. For the honor and wisdom of Allah refuse that His party and soldiers be humiliated, and they refuse that victory be continuous for His enemies. So whoever assumes that about Allah has not truly known Him, nor has he known His names and attributes".

¹¹ زاد المعاد (205/3). بتصرف

أَقُوْلُ قَوْلِي هَذَا، وَاسْتَغْفِرُ اللهَ لِيْ وَلَكُمْ مِنْ كُلِّ ذَنْبٍ؛ فَاسْتَغْفِرُ وْهُ إِنَّهُ هُوَ الْغَفُورُ الرَّحِيم

الخُطْبَةُ الثَّانِيَةُ

الحَمْدُ للهِ عَلَى إِحْسَانِهِ، والشُّكْرُ لَهُ عَلَى تَوْفِيْقِهِ وَامْتِنَانِه، وَأَشْهَدُ أَلَّا إِلَهَ إِلَّه الله، وَأَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُوْلُه.

عِبَادَ اللهِ: لا تَطِيْبُ الحياةُ إلا بالإيمان والتَّفَاؤُلِ! فالمُؤْمِنُ المُتَفَائِلُ: يَعِيشُ حَيَاةً طَيَّبَة؛ لِأَنَّهُ يُحْسِنُ الظَّنَّ بِاللهِ: فَيَرْضَى بِقَضَائِه، وَيَقْنَعُ بِعَطَائِه، ويَشْكُرُهُ على نَعْمائِه، ويَصْبِرُ على بَلَاءه! لَيْسَ عِنْدَهُ فَرَاغٌ أو مَلَل، ولا إحْبَاطُ أو كَسَل! يَرَى شُعَاعَ الأَمَلِ في ظُلُماتِ الأَلَم، وشِعَارُه في الحياة: (إِنَّ مَعَ الْعُسْرِ يُسْرًا* فَإِذَا فَرَعْتَ فَانْصَبْ وَإِلَى رَبِكَ فَارْ عَبْ».

Servants of Allah: Life only becomes sweet through Imaan and optimism! The optimistic

believer lives a good life because he thinks well of Allah. He is content with Allah's decree, accepts His provisions, expresses gratitude for His blessings, and patiently endures trials. He does not experience boredom or frustration, nor does he succumb to despair or laziness. He sees the ray of hope in the darkness of pain, and his life motto is: "Indeed, with hardship [will be] ease. Indeed, with hardship [will be] ease. So when you

have finished [your duties], then stand up [for worship]. And to your Lord direct your longing." (Quran, 94:5-8)



